

Minds on the Run 5K

Lowcountry Preparatory School – Pawleys Island, SC

11/15/2015 – 12:30pm

Timing & Scoring provided by Coastal Timing

***** 5K RUNNERS AWARDS LIST *****

***** FEMALE OVERALL 5K RUN RESULTS *****

Place	Name	S	Age	City	St	Finish	Pace
1	Kat Werren	F	27	Australia		22:50	
2	Ella Fata	F	12	Pawleys Island	SC	23:54	
3	Melissa Kinmartin	F	40	Pawleys Island	SC	24:49	

***** MALE OVERALL 5K RUN RESULTS *****

Place	Name	S	Age	City	St	Finish	Pace
1	Kristian Cywicki	M	29	Australia		17:51	

5:45

2 Chris Sheftic M 54 Myrtle Beach SC 18:45
6:03

3 Ben Tanoff M 23 Pawleys Island SC 19:08
6:10

***** 5K AGE GROUP RUN RESULTS *****

***** FEMALE 5K RUN AGE GROUP: 1 - 9 *****

Place	Name	S	Age	City	St	Finish	Pace
1	Mackenzie Sexton	F	5	Pawleys Island	SC	44:23	

14:18

***** MALE 5K RUN AGE GROUP: 1 - 9 *****

Place	Name	S	Age	City	St	Finish	Pace
1	Mason Kinmartin	M	9	Pawleys Island	SC	36:59	
2	Jasper Brooks	M	9	Georgetown	SC	39:58	
3	Sawyer Brooks	M	6	Georgetown	SC	41:04	

11:55
12:52
13:13

***** FEMALE 5K RUN AGE GROUP: 10 - 12 *****

Place	Name	S	Age	City	St	Finish	Pace
1	Emma Kinmartin	F	11	Pawleys Island	SC	35:46	
11:31							
2	Maeve Morris	F	11	Georgetown	SC	36:05	
11:37							
3	Lilliah Antenelli	F	11	Pawleys Island	SC	41:31	
13:22							

***** MALE 5K RUN AGE GROUP: 10 - 12 *****

Place	Name	S	Age	City	St	Finish	Pace
1	Max Congdon	M	12	Pawleys Island	SC	28:41	
9:14							

***** FEMALE 5K RUN AGE GROUP: 13 - 15 *****

Place	Name	S	Age	City	St	Finish	Pace
1	Madison Kinmartin	F	13	Pawleys Island	SC	31:01	
9:59							
2	Janie Morris	F	13	Georgetown	SC	35:43	
11:30							
3	Taylor Shaffer	F	15	Pawleys Island	SC	36:49	

11:51

***** MALE 5K RUN AGE GROUP: 13 - 15 *****

Place	Name	S	Age	City	St	Finish	Pace
1	Rion Keese	M	13	Pawleys Island	SC	22:29	
2	Rayce Gibson	M	15	Pawleys Island	SC	24:19	
3	Jack Congdon	M	14	Pawleys Island	SC	24:40	

***** FEMALE 5K RUN AGE GROUP: 16 - 19 *****

Place	Name	S	Age	City	St	Finish	Pace
1	Emory McClary	F	16	Georgetown	SC	27:29	

***** MALE 5K RUN AGE GROUP: 16 - 19 *****

Place	Name	S	Age	City	St	Finish	Pace
1	Brice Landstreet	M	18	Murrells Inlet	SC	23:48	

2 Jared Hankins M 17 Pawleys Island SC 27:02
8:42

***** FEMALE 5K RUN AGE GROUP: 20 - 29 *****

Place	Name	S	Age	City	St	Finish	Pace
-------	------	---	-----	------	----	--------	------

=====
=====

1	Chelsea Thomas	F	22	Murrells Inlet	SC	31:56	
---	----------------	---	----	----------------	----	-------	--

10:17

***** FEMALE 5K RUN AGE GROUP: 30 - 39 *****

Place	Name	S	Age	City	St	Finish	Pace
-------	------	---	-----	------	----	--------	------

=====
=====

1	Mandy Davis	F	39	Murrells Inlet	SC	28:23	
---	-------------	---	----	----------------	----	-------	--

9:08

***** FEMALE 5K RUN AGE GROUP: 40 - 49 *****

Place	Name	S	Age	City	St	Finish	Pace
-------	------	---	-----	------	----	--------	------

=====
=====

1	Rhonda King	F	40	Myrtle Beach	SC	27:30	
---	-------------	---	----	--------------	----	-------	--

8:51

2	Trish Morris	F	45	Georgetown	SC	32:01	
---	--------------	---	----	------------	----	-------	--

10:19

3	Jen Sexton	F	40	Pawleys Island	SC	44:24	
---	------------	---	----	----------------	----	-------	--

14:18

***** MALE 5K RUN AGE GROUP: 40 - 49 *****

Place	Name	S	Age	City	St	Finish	Pace
1	Brian Scully	M	42	Murrells Inlet	SC	22:19	
7:11							
2	Steve Sexton	M	41	Pawleys Island	SC	27:59	
9:01							
3	Brian Kinmartin	M	40	Pawleys Island	SC	37:02	
11:56							

***** FEMALE 5K RUN AGE GROUP: 50 - 59 *****

Place	Name	S	Age	City	St	Finish	Pace
1	Tammy Sehorn	F	55	Pawleys Island	SC	30:59	
9:59							

***** MALE 5K RUN AGE GROUP: 50 - 59 *****

Place	Name	S	Age	City	St	Finish	Pace
1	Scott Gibson	M	53	Murrells Inlet	SC	24:34	
7:55							
2	John Thomas	M	52	Murrells Inlet	SC	31:56	

10:17

3 Bobby Buffinton M 55 Pawleys Island SC 33:36
10:49

***** FEMALE 5K RUN AGE GROUP: 60 - 64 *****

Place	Name	S	Age	City	St	Finish	Pace
1	Darissa Thompson	F	61	Pawleys Island	SC	34:05	

10:58

***** FEMALE 5K RUN AGE GROUP: 70 - 99 *****

Place	Name	S	Age	City	St	Finish	Pace
1	Janice Ridenhour	F	72	Largo	FL	37:12	

11:59

***** MALE 5K RUN AGE GROUP: 70 - 99 *****

Place	Name	S	Age	City	St	Finish	Pace
1	Willis Ridenhour	M	80	Largo	FL	33:47	

10:53

Minds on the Run 5K

Lowcountry Preparatory School – Pawleys Island, SC

11/15/2015 – 12:30pm

Timing & Scoring provided by Coastal Timing

***** OVERALL 5K RUN RESULTS *****

** DIV/TOT shows place in agegroup/div & the total (6/42 – 6th out of 42) **

Place	Div/Tot	Name	S	Age	City	St
Finish	Pace					
1	1/2	Kristian Cywicki	M	29	Australia	
17:51	5:45					
2	1/4	Chris Sheftic	M	54	Myrtle Beach	SC
18:45	6:03					
3	2/2	Ben Tanoff	M	23	Pawleys Island	SC
19:08	6:10					
4	1/3	Brian Scully	M	42	Murrells Inlet	SC
22:19	7:11					
5	1/4	Rion Keese	M	13	Pawleys Island	SC
22:29	7:14					
6	1/2	Kat Werren	F	27	Australia	
22:50	7:21					
7	1/2	Brice Landstreet	M	18	Murrells Inlet	SC
23:48	7:40					
8	1/4	Ella Fata	F	12	Pawleys Island	SC

23:54	7:42					
9	2/4	Rayce Gibson	M	15	Pawleys Island	SC
24:19	7:50					
10	2/4	Scott Gibson	M	53	Murrells Inlet	SC
24:34	7:55					
11	3/4	Jack Congdon	M	14	Pawleys Island	SC
24:40	7:57					
12	1/5	Melissa Kinmartin	F	40	Pawleys Island	SC
24:49	8:00					
13	2/2	Jared Hankins	M	17	Pawleys Island	SC
27:02	8:42					
14	1/1	Emory McClary	F	16	Georgetown	SC
27:29	8:51					
15	2/5	Rhonda King	F	40	Myrtle Beach	SC
27:30	8:51					
16	2/3	Steve Sexton	M	41	Pawleys Island	SC
27:59	9:01					
17	1/1	Mandy Davis	F	39	Murrells Inlet	SC
28:23	9:08					
18	1/1	Max Congdon	M	12	Pawleys Island	SC
28:41	9:14					
19	1/1	Tammy Sehorn	F	55	Pawleys Island	SC
30:59	9:59					
20	1/6	Madison Kinmartin	F	13	Pawleys Island	SC
31:01	9:59					
21	2/2	Chelsea Thomas	F	22	Murrells Inlet	SC
31:56	10:17					
22	3/4	John Thomas	M	52	Murrells Inlet	SC
31:56	10:17					
23	3/5	Trish Morris	F	45	Georgetown	SC
32:01	10:19					
24	4/4	Rp Sehorin	M	15	Pawleys Island	SC
33:19	10:44					

25	4/4	Bobby Buffinton	M	55	Pawleys Island	SC
33:36	10:49					
26	1/1	Willis Ridenhour	M	80	Largo	FL
33:47	10:53					
27	1/1	Darissa Thompson	F	61	Pawleys Island	SC
34:05	10:58					
28	2/6	Janie Morris	F	13	Georgetown	SC
35:43	11:30					
29	2/4	Emma Kinmartin	F	11	Pawleys Island	SC
35:46	11:31					
30	3/4	Maeve Morris	F	11	Georgetown	SC
36:05	11:37					
31	3/6	Taylor Shaffer	F	15	Pawleys Island	SC
36:49	11:51					
32	4/6	Brooke Ashton	F	13	Pawleys Island	SC
36:49	11:51					
33	1/3	Mason Kinmartin	M	9	Pawleys Island	SC
36:59	11:55					
34	3/3	Brian Kinmartin	M	40	Pawleys Island	SC
37:02	11:56					
35	1/1	Janice Ridenhour	F	72	Largo	FL
37:12	11:59					
36	2/3	Jasper Brooks	M	9	Georgetown	SC
39:58	12:52					
37	3/3	Sawyer Brooks	M	6	Georgetown	SC
41:04	13:13					
38	4/4	Lilliah Antenelli	F	11	Pawleys Island	SC
41:31	13:22					
39	1/1	MacKenzie Sexton	F	5	Pawleys Island	SC
44:23	14:18					
40	4/5	Jen Sexton	F	40	Pawleys Island	SC
44:24	14:18					
41	5/5	Karyn Congdon	F	42	Pawleys Island	SC
44:41	14:23					

42 5/6 Lilly Ashton F 13 Pawleys Island SC
51:49 16:41

43 6/6 Tori Plogmar F 14 Pawleys Island SC
51:49 16:41

14:42:44 11/15/2015